

Therapist Training:

Cassie Kooser, MS, LPC (C.2103891) is a licensed professional counselor in the state of Ohio. She has completed her Master's Degree in Clinical Mental Health Counseling from Wright State University. She has received training in trauma and trauma-informed care, substance use, youth and family therapy and power-based violence.

Supervision:

Per license requirements, Cassie Kooser, MS, LPC receives regular supervision with a Licensed Professional Clinical Counselor-Supervisor (LPCC-S) to ensure clinical proficiency with clients.

Key Messages:

- Therapy does not occur on social media or in social spaces
- Client engagement does not occur on social medial or in social spaces



	What it is	What it's Not
Education	Share general information about niched topics that our agency and providers specialize to spark larger conversations in the community	A substitution for medical advice Specific information about clients A diagnosis or treatment of an individuals mental or physical health condition
Creative Expression	An way to engage with work that is also enjoyable and utilize other	A personal social media page



This page is not intended to handle individuals in a crisis situation. Those in a crisis should utilize one of the following resources:	Phone/Text	Website
Nation Suicide Hotline Text Line	988	Options for Deaf + Hard of Hearing Options for Deaf + Hard of Hearing Options for Deaf + Hard of Hearing
National Runaway Safe Line	800-RUNAWAY	
HelpLink	211	https://dayton- unitedway.org/helplink-2-1-1/
Emergency	911	



Please understand that social media is not an appropriate platform to respond to a mental health issue. If you would like more information about how to work together therapeutically,

please visit our website at www.riseenlightenedwellness.org or send an email to info@riseenlightenedwellnes.org. Direct messages seeking mental health advice will not be answered. Direct messages regarding a crisis will be directed to the above resources.



Rise Enlightened has established policies for client engagement on social media. The following policies are listed below:

- Rise Enlightened or any affiliated provider will never send a request to a current or past client of Rise Enlightened's mental health services
- Rise Enlightened or any affiliated provider will not send, respond to or engage with any direct message from or about a current or previous client of Rise Enlightened's mental health services.
- Rise Enlightened or any affiliated provider will not send, respond to or engage with any social media comments from or about a current or previous client of Rise Enlightened's mental health services.



- Rise Enlightened works hard to protect the rights and confidentiality of the clients that engage our mental health services
- We are committed to safe, fun and educational social media use